

### **QUESTIONS?**

Please contact Uriel Valencia at 650.470.6016

### RONALD McDONALD HOUSE CHARITIES BAY AREA (RMHC BAY AREA)

The mission of Ronald McDonald
House Charities Bay Area is to be there
for sick kids and their families,
providing comfort and support when
and where they need it most. Our
vision is a world where every sick child
has the care they need, surrounded by
family and a community they can
count on.



Day
P A S S



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### **DAY PASS HOURS**

Daily from 7 a.m. to 7 p.m.

### **DIRECTIONS FROM HIGHWAY 101**

Exit Embarcadero, Palo Alto Turn right on El Camino Road Turn Left on Sand Hill Road (House is on the right)

### DIRECTIONS FROM HIGHWAY 280

Exit Sand Hill Road and head East Stay in the left lane Turn left on London Plane Way



510 SAND HILL ROAD, PALO ALTO, CA 94304 · 833.FOR.RMHC

**WWW.RMHCBAYAREA.ORG** 

# Day Pass INCLUDES

governmentissued, non-expired photo ID is requried to particpate.

### **FNJOY A HOT MFAL**

Free continental style breakfast and dinner are provided daily. Breakfast hours are 7 a.m. to 10 a.m. and dinner is served from 5 p.m. to 6 p.m.

### **FAMILY KITCHEN**

The kitchen is stocked with basic staples in the community pantry and offers access to stoves, ovens, microwaves, rice cookers, pots, pans, and utensils.



### FREE LAUNDRY FACILITIES

Laundry rooms are provided free of charge; each room is equipped with washers, dryers, detergents and personal hygiene products.

### PRIVATE SHOWER FACILITIES

Relax with a hot shower. Towels, toiletries, and hair dryers are provided.

### **EXERCISE ROOM**

The exercise room offers machines, free weights, and a yoga/stretching area.

## BREAK

### CHILDREN'S ACTIVITY ROOM

The volunteer supervised playroom is designed to keep kids entertained with games, art projects, puzzles, and toys. All ages are welcome.



### **BUB'S HUB (VIDEO GAME ROOM)**

Six TVs line the walls featuring multiple gaming consoles. All ages welcome.

### K CLUB (TEEN LOUNGE)

This colorful room encourages peer interaction. Teens are able to kick-back and relax with pool, foosball, video games, or movies. Teens ages 12-17 welcome.

### THE TOWN

This miniature representation of a Town allows for kids to engage in pretend play such as a clinic, market, taco truck, and more! Kids ages 4-10 are welcome.

Parents must stay onsite while their children are in the Children's Activitity Room, Bub's Hub, K Club, and The Town. Activity rooms open daily from 4 p.m. to 8 p.m. and from 12 p.m. to 8 p.m. on the weekends.

### **TODDLER ROOM**

This fun space for toddlers age 4 and under is equipped to encourage cognitive development through free play. Supervision at all times is required. Daily, 8 a.m. to 8 p.m.

### **OUTDOOR AND INDOOR SPACES**

The House has plenty of outdoor and indoor common areas available at all times. From great rooms, TV rooms, to play-ground, and barbeque spaces.

#### PARTICIPATE IN FAMILY ACTIVITIES

A variety of family activities, from arts and crafts to game nights, are scheduled throughout the week. Weekly schedules are available at the House's front desk or through the RMHC Bay Area mobile app, available in the IOS and Android.

### FREE PARKING AND SHUTTLE

Parking is available in the side lot on the east side of the House. A shuttle identified by the House logo runs to and from Lucile Packard Children's Hospital Stanford and can be boarded at the main entrance of each building. Shuttle schedules are at the information desk near the hospital main entrance, or the House's front desk. Up for a stroll? The House is a short 10-minute walk from the hospital.



### FREE WI-FI

Free Wi-Fi is available. Password access is posted at the front desk.